

Inman Aligner



- ◆ The **Inman Aligner is a removable appliance**. It is an *alternative to limited braces* which allows gentle steady forces to correct most anterior crowding and rotations of teeth associated with adult relapse.
- ◆ The unique action of the lingual and labial components creates **continuous force without the repeated adjustments** that are required for spring retainers.
- ◆ The initial placement requires **24 hour wear** and should only be removed for eating and brushing your teeth for the first **6 to 8 weeks**.
- ◆ The Inman Aligner will continue to be used as your final retainer, worn at night while sleeping, once the final correction has been achieved.
- ◆ **Care of your Inman aligner :**
 - ◆ Remove the aligner very carefully and gently brush with your toothbrush and toothpaste as you do your teeth. You may also use a denture cleanser like Efferdent to freshen and clean your aligner as desired. Make sure the water is **COLD** as any heat will distort the plastic.
 - ◆ When the aligner is not in your mouth be sure to keep it in your case and keep your case in a safe place away from animals and small children
- ◆ **Always bring your aligner to your check up appointments** so we can make sure it is fitting properly.